



Rotary Club of Greensburg, PA

Club 5228 District 7330

Service Above Self



April 23, 2019

### Rotary Vision:

Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

Our meeting began in the usual way with President Gene James leading in the Pledge of Allegiance, God Bless America, and our invocation by Steve Edson.

### Sergeant at Arms Report:

Mark Barnhart reported 34 of our 66 members were in attendance.

### Announcements:

- Looking for members to join the Dr. Kenneth Rutter scholarship committee (application period closed). Please email John Wohlin at [jwohlin@composidie.com](mailto:jwohlin@composidie.com) for details.
- Rotary International will proceed forward with becoming a 501(c)(3).
- Scholarship Banquet will be on May 14<sup>th</sup> at 6 pm in the Hempfield Room, located on the University of Pittsburgh Greensburg campus. The dinner will be free for Rotarians and \$15.00 for guests.
- The Third Grade Spelling Bee will be held May 23<sup>rd</sup> at 6:00 PM at Stanwood Elementary School.
- “Service Above Self” Memorial Day 5K will begin promptly on Monday, May 27<sup>th</sup> at 9:00 AM. We are also still looking for sponsors. If you are interested in supporting the race, please see Melissa O’Brien or email her at [melissa.obrien@gslions.net](mailto:melissa.obrien@gslions.net). Anyone interested in running or walking can register through this link while our website is down:

[“Service Above Self”](#)

- Ray Charley is riding across America to support veterans, starting in San Francisco, CA and riding to St. Augustine, FL. He is currently on his 17th day of riding. If you would like to support his cause, please click below:

<http://www.troopsfirstfoundation.org/rayside>

### Rotarians and Interactors at Work:

Rotarians and Greensburg Salem Interactors delivered Easter chocolate trays to the Welcome Home Women and Children's Shelter in Greensburg today.

What a gorgeous day to have Rotarians and Interactors helping at Operation Fresh Express! You do NOT want to miss tomorrow's meeting at the Ramada! Representatives of Bella Terra Winery and Sobel's Obscure Brewery will be speaking, so come learn about these amazing local businesses!



### **Word of the Week with Jim Steeley:**

The word of the week is “gaslighting”. Gaslighting is a form of psychological manipulation that seeks to sow seeds of doubt in a targeted individual or in members of a targeted group, making them question their own memory, perception, and sanity. Using persistent denial, misdirection, contradiction, and lying, it attempts to destabilize the victim and delegitimize the victim's belief.

An abuser's ultimate goal is to make their victim second guess their every choice and question their sanity, making them more dependent on the abuser. A tactic which further degrades a target's self-esteem is for the abuser to ignore, then attend to, then ignore the victim again, so that the victim lowers their personal bar for what constitutes affection and perceives themselves as less worthy of affection.

### **Foundation Moment:**

Way back in 1964, the Newbeats sang “I like bread and butter, I like toast and jam” but today children in sub-Saharan Africa are singing “I love peanut butter.” The peanut butter they love is a therapeutic combination of peanut butter, powdered milk, vitamins and minerals designed to treat severe acute malnutrition. It is estimated that 3.5 million children under the age of 5 die each year from malnutrition. The therapeutic peanut butter has a 95% success rate. District 5330 has been an active participant in two Foundation Global Grants with Project Peanut Butter.

**Speaker:**

Bella Terra is 17 acres of beautiful land in the Ruffs Dale/New Stanton, PA region. The 17 acres includes a gorgeous three-acre lake and vineyard. The location is ideal; it is two miles from the Pennsylvania Turnpike but nestled among several hundred-year-old trees, giving you easy access and plenty of privacy. Fall in love with our amazing assortment of red, white and blush wines.



Founded officially in 2012, Sobel's Obscure Brewery (S.O.B) is family owned and operated by David, Gordon, Jackie Sobel, and artist, Don Dillard. Always ready for fun and laughter, we endeavored to create not only a great product, but a quirky brand (pictured).



**Dates to Remember:**

- Our Lady of Grace Food Pantry Distribution – First Saturday of every month
- District Conference – May 3 & 4, 2019 – Seven Springs Mountain Resort

**Our meeting ended in the usual way with the Four Way Test.**

Respectfully submitted by,

*"The Great Dictator"*



The Rotary Club of Greensburg meets every Tuesday at the Ramada Inn. Meetings commence at noon and finish by 1:00.

